



## 3 Days and a New Dog: Training Outline

### Day 1:

On day one you and your dog will be taught all the principles of communicating through a language system. You will discover the power of not using treats, of having a language system for communication rather than arbitrary commands, and will learn how to use this language system in every situation.

By the end of this session, your dog will be able to stay in their sit and drop while you walk away from them, tease them with toys, play with other dogs, and they will choose to listen to you rather than act on their impulses.

### Day 2:

On day two, you and your dog will continue proofing their new found listening skills, and will begin to focus on the skill of loose lead walking. By the end of this session, your dog will be able to walk by your side on a loose lead, will match your pace (slow, normal and fast) without needing to be tugged on the lead, will learn how to keep and maintain a boundary (i.e. the front gate), and will now be able to be placed in their sit or drop next to other dogs, be teased with their favourite toys and choose to stay in the position you have placed them in.

### Day 3:

On day three, you and your dog will take everything we have learnt so far to the next level. You will learn that you now have the ability to communicate with your dog in every situation. If you are going for a bush walk you will be able to let your dogs know how far they are allowed to move away from you; if you have food on the bench and a dog that normally likes to steal the food, you will be able to make it a habit of the past; if your dog jumps on people, barks annoyingly, and the list goes on. Essentially, any behaviour your dog has that you don't like, you will be able to let them know.

By the end of this session you will have a "new dog".

### WHAT YOU CAN EXPECT AT THE END OF THE 3 DAYS:

- A dog who heels when walking on a loose lead.
- A dog who no longer jumps.
- A dog who sits/drops on command and does not get up again until commanded.
- A dog who ignores distractions and remains focused.
- A dog who can be petted by family/friends and strangers without becoming too excited.
- Membership into an online community of past graduates.
- Weekly challenges and further access to dog training resources.
- A language that can communicate with your dog immediately and allow them to choose behaviours you want in the setting.

### WHAT YOU WILL BE ASKED TO DO:

- Use a halti-harness. This does NOT harm or hurt the dog.
- Be willing to implement at home the techniques taught (at least 30 minutes each night).
- Attend each session with your dog.

### YOUR DOG MUST:

- Be older than 5 months of age and fully vaccinated.
- NOT be aggressive toward people or other dogs.
- If your dog is fearful, I can teach it obedience, but I cannot guarantee that its anxiety will be cured.

### FIND US

- **Facebook:** Annie's Dogs: 3 days and a new dog: Training
- **Website:** anniesdogs.com.au
- **Instagram:** Annies\_dogs
- **Email:** annie\_may90@yahoo.com.au



## 3 Days and a New Dog: Training Principles

---

### Obedience Techniques:

---

- I don't use food rewards because owners commonly never move off food, and therefore their dog's obedience is often inconsistent (good when food is present, and selective when food is not present). Instead I use your tone of voice.
  - I train all dogs under distraction from the very beginning. Why? Because the real world does not happen in a vacuum. There is no point if your dog listens to you when everything is calm. Your dog needs to listen to you even when there are other dogs, activities, kids, bikes, and busy-ness going on around them.
  - I endorse the use of a halti harness. These harnesses prevent common injuries seen in dogs that wear martingale, choker or normal collars. Because these other collars pull on a very sensitive area – the dog's neck – injuries are often caused that could be prevented. Instead, I will teach you while using a "gentle leader" (aka head halti) and will teach you how to use it so that it is not aversive to the dog.
  - This course runs over 3 days. Depending on the course you signed up for, this is either 3 days in a row, or 3 days with a week in between each day. Both courses generate the outcomes you want. The main benefit for the 3 days with a week in between each day is that you are able to go home, consolidate the learning and return with questions that have arisen. The main draw back for the 3 days in a row is that there is a lot of learning that will occur, and you will be exhausted.
- 

### Dog Agreements:

---

- When you sign up to do this course you are consenting that your dog is 5 months or older; is up to date with the C5 vaccinations, and is not dog or people aggressive.
  - Dogs that demonstrate aggressive behaviours will be asked to leave. Dogs are allowed to be reactive (i.e. bark when first seeing another dog, however dogs that would bite or cause another dog to bite because of their behaviour i.e. rushing a dog or lunging, are not to do this course).
  - This course is not designed as a reactivity or aggression fix. While secondary outcomes are often produced in which your dog becomes calmer, more confident and less reactive, these outcomes are not guaranteed. Instead, this course is designed as a high-level obedience course.
  - The number one factor that will ensure your dog is easy to train is how much time you spend with them. If you don't spend a lot of time with your dog, it is likely your dog will not do well in this training because they will arrive at the training just excited to be in your presence rather than in a space that is ready to learn. This training needs a relationship of time and trust to already be present with your dog.
- 

### Course Logistics

---

- When you book this course you are booking specific dates. If you need to change your dates for any reason, your deposit can be rolled over IF I am able to fill your space in the original course. If I am not able to fill your space, then you will need to pay the full amount again in order to join a different course. The reason I am firm on this is because in the past I haven't been, which has led to people changing at whim, and me having to run classes that are half full, when the week prior they had been full. If you give me enough notice, it is likely that I will easily be able to fill your place.
- Please bear in mind the training is outdoors (undercover, but is outside) and will require a moderate level of physical activity – from both you and the dog.





## 3 Days and a New Dog: Training Principles

---

### Course Logistics Continued:

---

- I encourage everyone who lives with the dog to attend the training. This includes children and partners. Why? This enables everyone to be on the same page and know how to interact with the dog. If priority must be given to a session which everyone will attend (i.e. work commitments of partners etc), I strongly recommend be present for the first session.
- Ongoing support. After you complete your 3 sessions, you will be given the opportunity to join a graduates' Facebook group. I post monthly training tips, activities and information into this group to help you continue your journey. I also advertise any upcoming graduate refresher sessions (see below principle).
- Master level. I run 4 additional trainings per year to further push you and your dog's obedience levels post course completion. These additional training sessions are scaffolded to meet you at whatever level you are at. Some people use these training sessions as a refresher and others use these as a continual level-up in which your dog is continually pushed to higher and higher levels of obedience. Examples of the higher obedience possible include heeling without a lead, responding only to voice commands, being able to set up a new boundary anywhere (i.e. a new house) in less than 5 minutes. Once you achieve 'master level' – usually after attending at least 4 of these graduate sessions, you will be gifted an Annie's Dog Obedience Certificate and Master obedience jacket demonstrating your dog's high obedience levels. The cost of these graduate sessions are \$55 per session. They are entirely voluntary.
- Every dog is different. My training is for three sessions. At the end of this training the vast majority of dogs will have stopped jumping, be listening to you even in the presence of distraction, walk on a loose lead, have learnt a boundary they will not cross, and be markedly calmer than when they first arrived. However, every dog is different. Depending on the level of homework you complete during the course and the amount of time you spend with your dog, will depend on where your dog ends up at the end of the course. I always tell people – over the next several weeks put in the effort because your future self will thank you.

### When you enroll you agree to the following:

---

I recognise that all costs incurred in the event of my dog harming another person/dog/property will be payable by me (the dog's owner). I release Annie's Dogs from any legal or financial liability resulting from the training including, personal injury, loss of property, injury of dog or another human or their dog. I agree to the principles outlined, including but not limited to the event my dog is deemed aggressive by Annie; and the cost incurred if I need to change my dates.

---



### WHAT PEOPLE ARE SAYING:

"After seeing some videos on Facebook of Annie's training I thought it must be too good to be true, that maybe my dog would be the exception and be untrainable. Fortunately that was not the case and we were quick to realise that it is us doing the most learning! After the first day of training we felt like there had been a language barrier between us and our dog, Hazel, that had been removed and she could suddenly understand our intentions/tone. After that it was just consistency that allowed her to learn everything else. Now that Hazel has graduated and we have been accepted in to the graduate group we have constant reminders, support and help from Annie and other dog owners which is definitely encouraging us to be persistent! Would recommend Annie's dog training to anyone." Prudence Coburn